

WOMEN IN TRANSITION PRESENTS

# VOCATION STATION



**GAIN MEANINGFUL  
LIFE AND  
EMPLOYMENT  
SKILLS**

**EVERY TUES & THURS** June 6th until July 27th

VIA ZOOM - Online or from your phone

**TUES: Seminar 11:00am- 12:00pm**

**Individual sessions 12:00pm- 1:00pm**

**THURS: Seminar 4:00pm- 5:00pm**

**Individual sessions 5:00pm- 6:00pm**

**SESSION TOPICS - Drop-in or join them all:**

Self-care and Affirmations, 6/6 and 6/8

Finding your Interests and Resume Building, 6/13 and 6/15

Professional Dress and Professionalism, 6/20 and 6/22

Interview Skills In-Person and on Zoom, 6/27 and 6/29

Confidence in Public Speaking, 7/5\* and 7/6

*\*Monday 7/3 or Wednesday 7/5 instead of 7/4 for holiday*

Time Management and Work life Balance, 7/11 and 7/13

Conflict Resolution, 7/18 and 7/20

Stress Management & Recreating Routines, 7/25 and 7/27

**SIGN UP BY E-MAILING:**

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